



EL DORADO UNION HIGH SCHOOL DISTRICT

Extracurricular **Athletic Handbook**

Committed to
Developing
Students of
Character

INTERSCHOLASTIC SPORTS

- Baseball
- Basketball
- Cross-Country
- Football
- Golf
- Lacrosse
- Skiing / Snowboarding
- Soccer
- Softball
- Swimming/Diving
- Tennis
- Track
- Volleyball
- Water Polo
- Wrestling

ACTIVITIES REQUIRING CLEARANCE

- Club Sports
- Cheerleading / Stunt

This document is available on-line at www.eduhsd.net in pdf format
(Adobe Reader required).

All required forms in this document can be completed
on-line and printed for submission to the Athletic Department.



PUBLISHED BY
EL DORADO UNION HIGH SCHOOL DISTRICT
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3.15

Dear Parent,

The following information in this Extracurricular Athletic Handbook must be read, reviewed, and agreed upon by your student athlete. The forms designated below must be completed and submitted prior to your son or daughter beginning practice for any athletic team at El Dorado, Oak Ridge, Ponderosa, or Union Mine High Schools. **It is required that this process be completed on a yearly basis.** Every student wishing to participate in a sport must have an athletic clearance card. In order to be issued a clearance card, you and your student must complete the forms within this Athletic Handbook. Be sure to check your school for the sports clearance dates.

The following forms are included:

- Acknowledgment and Consent Form: Please read and review the Code of Conduct with your son/daughter.
- Agreement for Student Athlete and Parent/Guardian Regarding Use of Steroids
- Release of Liability and Assumption of Risk Agreement
- Athletic Insurance Information Statement
- Student Emergency Card: This form will be carried by the coach at all times for the protection of your son/daughter in the event of an emergency.
- Sports Participation Health Record (Form 5141.3A): Athletes must have a yearly physical examination from a licensed medical doctor who completes Part B of this form. The physical must be completed prior to trying out for a sport. All physicals must be renewed for the following year before participation on an athletic team is allowed.
- Parent Concussion/Head Injury Information Sheet (Form 5141.1C3)
- Voluntary Athletic Contribution Form (Form 3290-1F)
- Scrip Account Set-up Form (Form 1321.1A)

The completion of this packet of forms will clear your son/daughter to participate in extracurricular sports for the entire school year. **In addition to the above, any fines owed by the student must be paid prior to participating in a sport. If you have questions, please contact the Athletic Director at your school:**

Joe Volek, Athletic Director
El Dorado High School
(530) 622-3634, ext. 1010

Stephen White, Athletic Director
Oak Ridge High School
(916) 933-6980, ext. 3044

Tyson Escobar, Athletic Director
Ponderosa High School
(530) 677-2281 or
(916) 933-1777, ext. 2295

Jay Aliff, Athletic Director
Union Mine High School
(530) 621-4003, ext. 4326

MICHAEL GARRISON, COMMISSIONER
CIF Sac-Joaquin Section
1368 E. Turner Rd., Suite A
Lodi, CA 95240
Mail to: PO Box 289, Lodi, CA 95241-0289
(209) 334-5900, EXT. 10 • FAX (209) 334-0300

District policies can be accessed from our District website. Although every attempt is made to keep our policies current that are posted to this website, there may be instances in which the current version of a policy or regulation has inadvertently not been posted. This action does not supersede the requirements of the latest version of any policy or regulation. Contact District Office to verify the most recent version of a policy or procedure.



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FORMS INCLUDED:

- Acknowledgment and Consent Form
- Agreement for Student Athlete and Parent/Guardian Regarding Use of Steroids
- Release of Liability and Assumption of Risk Agreement
- Athletic Insurance Information Statement
- Student Emergency Card
- Sports Participation Health Record
- Parent Concussion/Head Injury Information Sheet
- Parent Concussion/Head Injury Symptoms & Signs
- Voluntary Athletic Contribution Form
- Scrip Program Account Setup

OTHER FORMS CITED:

- Uniform Complaint Form (F1312.3)
- Volunteer/Employee Use of Auto Statement for School Activity and Insurance Certification (F6153-5)
- Student Personal Automobile Use Form (F6153-3C)
- Student Alternate Transportation Form (F6153-3E1)



Athletic Declaration & Code of Conduct

A student athlete is a special individual—special both in terms of the opportunities and responsibilities encountered. Working hard, playing hard, and living up to high behavioral standards will help students in their future endeavors.

We are pleased to have you as part of our athletic program. Your coaches want to work with you to make this one of the most important and enjoyable experiences of your high school career.

Declaration of Student Athlete

As a student athlete, I realize it is a privilege to participate in athletic activities and represent my school in athletic functions. Accordingly, I hereby agree to follow the regulations established by the Athletic Department, the Administration, the District policies set by the Board of Trustees, and the California Interscholastic Federation (CIF) rules. I also agree to conform to the following training rules and code of conduct as a participant in my school's athletic program:

1. I will follow all school rules and regulations. Failure to do so will result in disciplinary action by the Administration and possible forfeiture from participation in activities during that period of time and beyond.
2. I will follow the Code of Conduct during the season of sport. All school policies are also in effect for any school-related activity. (For purposes of this declaration, "season of sport" is defined as the date when practice begins, as specified by CIF, through the last contest.)
3. I understand that the use of anabolic steroids is prohibited. I further understand that should it be determined that I have used steroids or performance enhancing drugs, I will be suspended from all sports for 1-year.

Code of Conduct

1. Use or possession of illegal drugs or alcohol is not permitted and shall result in the following penalties:

First Occurrence – Illegal substance use or possession by any member of the athletic team will result in suspension from the team for 30 calendar days, beginning the day the offense occurred or the day *when it is determined* that the offense occurred and

when it is related to a school activity or school attendance: (*Education Code 48900(s)*)

- while on school grounds
- while going to or coming from school
- during the lunch period, whether on or off the campus
- during, or while going to or coming from, a school-sponsored activity.

Athletes who are suspended from a team within the last 30 calendar days of school will carry over the remaining days of suspension into the next school year. "The next school year" will begin with the first day of practice as specified by CIF. This is in addition to any action taken by the school administration for violation of school rules. The student may not participate in any athletic contest/competition; participation at practice will be at the discretion of the coach.

Second Occurrence – Immediate removal of the athlete from athletic participation for a full calendar year. This is in addition to any action taken by the school administration for violation of school rules.

2. Other behavioral offenses resulting in suspension or removal from the team will be within the sole discretion of the school administration.
3. To be academically eligible, a student must be enrolled as a full-time student and must maintain a minimum 2.0 grade point average.
4. Student Athletes must have attended the majority of his/her school day on the day of a contest or practice in order to participate (ROP and Work Experience included). Athletes are expected to attend all classes and be prompt. Unexcused absences from classes during the season may result in forfeiture of practice or athletic contest participation.
5. Athletes are required to attend all team practices, games and other activities associated with being a member of a team, unless excused by the coach. The athlete has the responsibility to contact the coach or Athletic Director if it becomes necessary to miss a scheduled activity.
6. Athletes are responsible for knowing all safety rules governing their sport.
7. Athletes are required to travel to and from athletic contests with their team. The only exceptions are:

- a) Injury to a participant which would require alternate transportation.
 - b) Prior arrangements between the participant's parent/guardian and the coach for the student to ride with the parent/guardian. This request is to be in writing from the parent and approved by a school administrator and the coach. (See Transportation Form F6153-3E1.)
8. Athletic equipment and clothing are loaned to the athlete. Issued equipment will be worn only by the athlete to whom it has been issued and only on game days and/or special occasions as designated by the coach. Athletic equipment/uniforms shall NOT be worn during Physical Education classes. The athlete assumes the responsibility for the care and the return of all issued equipment and clothing. Athletes are reminded to secure their possessions in the locker room. Issued equipment not returned or that has been damaged beyond normal wear will be paid for by the athlete. Lost or stolen equipment or uniforms, if found in possession of another student or team member, will result in a referral to the administration for further action and suspension from the team.
9. Student athletes are expected to exhibit a clean and neat appearance at school and at school-sponsored activities. Hair length must comply with safety and health regulations.
10. General Rules of Sportsmanship: To promote fairness in competition, a series of rules governing each sport have been adopted. Good sportsmanship requires that athletes adhere to the rules of the game. Furthermore, it requires that athletes comply with the spirit of those rules which were written to promote fairness. Athletes must understand that compliance with the standards of good sportsmanship is required at all times.
- a) On the field, athletes are respectful in actions and language towards their teammates, opponents, and officials. They abide by all the rules of the game. They are modest in victory and gracious in defeat.
 - b) On campus, athletes should set an example of good citizenship for their classmates. They should help promote school spirit and be positive leaders in school activities.
 - c) In the classroom, athletes show respect for teachers and for their fellow students. They maintain good attendance, satisfactory academic progress, and good citizenship.

- d) On trips, athletes' conduct is such that they are positive representatives of their community, school, and team. Athletes are conscious of their appearance and manners at all times.

Student Sportsmanship

Student participation in athletic contests is a privilege. As a student athlete, you are expected to conduct yourself in an exemplary manner at all times. Per Sac-Joaquin Section Bylaws, during participation in any CIF competition, a player who is ejected or leaves the confines of the bench or team area during a fight that may break out (or has broken out) shall be disqualified from participating in the remainder of the game and will be ineligible for the team's next contest. This bylaw also applies to a fight that may occur after the game before the teams have vacated the playing area. Note—Any athlete who plays in the next game following his/her ejection will be treated as an ineligible player for that game. (Bylaws 203.2, 204.3, 204.5, 205.3, 207.2, 208.3)

In addition, per Sac-Joaquin Section 210, any student who physically assaults a game or event official shall be banned from interscholastic athletics for the remainder of the student's interscholastic eligibility.

These rules are not intended to be punitive, and penalties will be imposed only after careful consideration. The intent of these rules is to encourage students to be responsible in their actions and to communicate in an adult manner when they plan to end a commitment to a sport or when they disagree with a coach.

Sports Participation Donation

The District believes that athletic activities are important for our young people. We appreciate the support and assistance that parents and the community provide with their \$95.00/athlete donation. No student shall be required to raise a specified amount of money in order to participate in an activity sponsored by a school-related organization. (EDUSHD AR 1321)

Scrip Program

The El Dorado Union High School District offers a Scrip Program for parents, family, and friends who desire to make a \$95.00 donation. Scrip credits can be earned from merchants you normally shop with. The Scrip Program Account Setup Form is included in this manual.

Residential Eligibility

The California Interscholastic Federation requires that students who participate on a school team must be living with parents or legal guardians who reside within the school's attendance boundaries. All exceptions to this rule require that special permission and forms and letters of approval be on file before a student can be declared eligible. Questions about these exceptions should be addressed to the Athletic Director.

Because the penalty for allowing an ineligible athlete to participate is severe (the team must forfeit all contests in which the athlete participated), any athlete living outside the school's boundaries should notify his/her coach at the beginning of the season so that the coach can make sure that all the appropriate forms and approvals are on file.

An athlete who is dishonest about his/her own residence places an entire team in jeopardy. Any athlete known to be using a false address or otherwise not being honest about a residence should be immediately reported to the coach to avoid penalizing the entire team. The athlete may also be declared ineligible to represent his/her school in any sport for one year following the date of discovery of the offense.

If a student and his/her parents move out of the attendance area, but the student remains in the school, the student must immediately report his/her change of residence to the coach. In most cases, students who move can retain their eligibility, but special forms and approvals must be on file.

Only students who are amateurs may participate in athletic contests. Students on high school teams become ineligible if they play on "**outside**" teams, in the same sport, during their high school season of the sport. For the purpose of this rule, **outside competition** is prohibited from the opening contest until the final contest of that sport, league, playoff, or state competition in which that school is involved, both dates inclusive. The prohibition on playing on "outside" teams applies to school holidays and vacation periods which occur during the season of the sport. Refer to CIF Bylaw 600 or school Athletic Directors for exceptions.

An athlete may change concurrent sports before the first interscholastic competition only with the consent of the parents, both coaches involved and the Athletic Director.

Athletes are to report injuries to their coach. Injuries requiring medical attention should be reported to the coach before visiting a doctor. An accident form is to be filled out by the coach.



Lettering and Awards

District

If an athlete quits a team or is dropped from a team by the administration due to an infraction of any section of this contract, he/she will not receive a letter for that sport, and he/she will not be eligible for practice or participation in the next succeeding sport until the previous team has completed its season and playoff schedule. Equipment must be turned in and the athlete cleared of all obligations from his/her previous sport before clearance will be given to participate in another one.

Completion of the sports season (season includes all play off contests) is required for the student to be eligible for a letter or other team or individual awards unless an injury limits such participation. Awards will not be given to any student suspended for the remainder of the season for Declaration/Athletic Code of Conduct violations.

Lettering in each sport is left up to the discretion of the varsity coach.

CIF Sac-Joaquin Section

The CIF Sac-Joaquin Section is proud of two scholar athlete awards that are promoted by the Section. The first award is called the Scholastic Team Achievement Award (STAA), which recognizes teams within the Sac-Joaquin Section that qualify for the playoffs and whose overall GPA is 3.0 or higher. The second award is called the Dale Lacky Award, which recognizes the top female and male scholar athletes in the Section.

Please contact your Athletic Director about the aforementioned awards.



Extracurricular / Cocurricular Activities

Administrative Regulation 6145

1. It is the policy of the El Dorado Union High School District that for a student to become eligible to participate in Extracurricular/Cocurricular activities, the student must meet the academic grade requirements and citizenship requirements of that activity. If participating in athletics, he/she must also meet the California Interscholastic Federation requirements.
2. The following definition of terms will be used:
 - a. "C.I.F." The California Interscholastic Federation is the statewide executive body that governs all aspects of high school athletics. (*Education Code Sections 33353 & 35179*)
 - b. "C.N.I.F." California/Nevada Interscholastic Federation is the organization responsible for ski activities.
 - c. "Regular Grade Reporting Periods." Grade reporting occurs chronologically at the same time at each school site, regardless of a site's schedule.
 - (1) End of first quarter
 - (2) End of first semester
 - (3) End of third quarter
 - (4) End of second semester

Schools on a 4X4 schedule: First/third quarters are equivalent to semester grades; and first/second semesters represent end-of-course grades.
 - d. Grade Point Average: A number which represents a student's overall grade average for the classes taken during a reporting period. (4.0 = **A**, 3.0 = **B**, 2.0 = **C**, 1.0 = **D**, 0.0 = **F**)
 - e. For the purposes of this policy, "extracurricular activity" means a program that has all of the following characteristics:
 - (1) The program is supervised or financed by the school district.
 - (2) Students participating in the program represent the school district.
 - (3) Students exercise some degree of freedom in either the selection, planning, or control of the program.
 - (4) The program includes both preparation for performance and performance before an audience or spectators.
 - f. For the purposes of this policy, an "extracurricular activity" is not part of the regular school curriculum, is not graded, does not offer credit, and does not take place during classroom time.
 - g. For purposes of this policy, a "cocurricular activity" is defined as a program that may be associated with the curriculum in a regular classroom.
 - h. Any teacher-graded or required program or activity for a course which satisfies the entrance requirements for admission to the California State University or the University of California is not an extracurricular or cocurricular activity for purposes of this policy. (*Education Code 35160.5*)
 - i. For purposes of this policy, "satisfactory educational progress" shall include, but not be limited to, the following:
 - (1) Maintenance of minimum passing grades, which is defined as at least a 2.0 grade point average in all enrolled courses on a 4.0 scale.
 - (2) Maintenance of minimum progress toward meeting the high school graduation requirements prescribed by the Governing Board. In order to be eligible for participation, the student shall receive supplemental instruction if, by grade 11 and/or 12, the student has not passed the California High School Exit Exam.
3. Minimum scholarship requirements for participation in all extracurricular and certain cocurricular activities will be as follows:
 - a. All 9th grade students shall be eligible to participate in extracurricular/cocurricular activities until their grades are reviewed at the end of the first quarter.

- b. Students in grades 9 (other than first quarter), 10, 11, and 12 shall have a grade point average of C (2.0) at the quarter or semester grading period immediately preceding the activity in order to be eligible to participate in extracurricular activities.

- (1) A student must maintain the grade requirements as set forth by the Board of Trustees.

- (2) An "Incomplete" grade shall not satisfy the requirement of this section until the academic deficiency has been satisfied and a passing grade has been substituted for the "Incomplete" grade. Upon such substitution, the substituted grade shall be considered in determining scholastic eligibility. A scholastically ineligible student may become immediately scholastically eligible upon such evaluation.

- (3) Intersession credits shall be counted toward making up scholastic deficiencies incurred in the immediately preceding grading period.

- c. A transfer student is eligible to participate if he/she was eligible at his/her previous school and has met CIF transfer eligibility requirements. Transfer students shall have one full grading period to meet the district eligibility requirements.

- d. Students who do not meet the criteria for eligibility based on overall grade point average, or who are not making satisfactory progress toward graduation at the beginning of any school year or at the conclusion of each grade reporting period, will be ineligible to participate until the next regular grade reporting period at which time the student must have met the criteria.

(cf. 6164.5 - Student Success Teams)

(cf. 6176 - Weekend/Saturday Classes)

(cf. 6179 - Supplement Instruction)

- e. When a student becomes eligible to participate in extracurricular or cocurricular activities, the student will not be allowed to participate in practices, meetings, or other program activities in the upcoming grading period; or when he/she is subject to probation, the principal or designee shall provide a written notice to the student and his/her parent/guardian.

Eligibility Review Committee Process

- 1. The system for reviewing student eligibility requirements and for appropriate notification of students and sponsors/coaches is as follows:

- a. At least 10 school days prior to the end of a grading period, the extracurricular advisor/sponsor/coach shall deliver to the Athletic or Activity Director, a roster of club, organization, or team members. In the event an extracurricular activity begins during a quarter, the extracurricular advisor/sponsor/coach shall deliver to the Athletic or Activity Director, a roster of club, organization, or team members at least 15 school days prior to the first league activity.

- b. The Athletic/Activity Director will establish the eligibility of each participant within 5 school days after the end of the quarter. In the event a participant is found to be ineligible, said participant will be notified by the Athletic/Activity Director. A student will also be considered notified:

- (1) In the case of an activity spanning two quarters, when the report cards are distributed by the school and the affected participant has had a reasonable opportunity to receive said report card or the Athletic/Activities Director so notifies the participant in writing.

- (2) In the case of an activity beginning during a quarter, when the Athletic/Activity Director notifies the affected participant in writing at least 10 school days prior to the first league game or 5 days after receipt of roster from advisor/sponsor/coach, whichever is earliest.

- c. Upon notification, the ineligible participant shall have 2 school days within which to file with the principal or designee a request for an eligibility review.

- d. Within 6 school days of the receipt of request for review, each school shall establish an Eligibility Review Committee which shall be comprised of the school principal or an assistant principal, a counselor, and three teachers selected by the principal (no more than one physical education teacher or coach shall be included on the committee). The Eligibility Review Committee will convene and review the status of the ineligible participant and review the accuracy of the records supporting a determination of ineligibility.

- e. In the event a participant is determined to be ineligible by the Eligibility Review Committee, the committee shall notify the participant within 1 school day.
 - f. The ineligible participant shall not be allowed to participate in practice or activities pending determination of the committee.
 - g. If the committee determines that a student's records do not justify a determination of ineligibility, it shall rescind any previous determination and actions finding the student ineligible for participation in extracurricular activities.
2. The Eligibility Review Committee shall determine whether eligibility shall be granted to students not meeting the standards and who make an appeal for probationary status.
- a. Probation may be granted if:
 - (1) The student can clearly demonstrate conscientious efforts to achieve in the class that has caused the GPA to fall below 2.0. Documentation may include, but not be limited to, teacher input forms, discipline records, and attendance records.
 - (2) The student can clearly demonstrate a profound family or personal issue or health condition that would have prohibited the student from performing academically;

For conditions above, the student would then need to present a plan that would allow the student to be successful during the probationary period.

- b. The committee may waive the imposition of the ineligibility rule for up to one quarter if it determines that the above conditions exist for the student.
- c. For any one student, probation shall only be granted once in any school year and only twice per sport during the time the student is enrolled in our district high schools.
- d. For students seeking an appeal, the review committee shall verify the current status of the student's academic performance, attendance, and citizenship as part of their investigation.
- f. The principal or designee of each high school shall summarize the appeals heard by the committee 3 weeks after the end of each quarter.

Supervision of Students

Coaches/advisors shall assume supervisory responsibility for team members for the duration of any school-related activity. Under no circumstances are the supervising coaches/advisors to engage in the use of alcohol or illegal substances during the duration of any school activity. Coaches/advisors shall remain on supervision duty from the moment of departure until the return to the home school; coaches/advisors are to remain until all students have left for their homes.

Supervision of students is required for all extra-curricular activities, cocurricular activities and those courses which have events, competitions, field trips, and tournaments away from the school site.



Transportation To/From Athletic Events/School Activities

Transportation for student groups to and from off-campus activities shall be restricted to the following:

- District-owned vehicle
- Private vehicles by authorized drivers
- Commercial carriers
- Governmental agencies

No other transportation arrangements are authorized in transporting students. The principal or designee and the Director of Transportation shall determine which of the approved modes of transportation is to be used for a specific trip.

(cf. 3540 - Transportation)

Transportation by bus or other District-owned vehicle should be considered as the primary means for transporting students and should be used whenever possible and available.

All students who are transported to activities must return to the point of departure by the same vehicle.

Transportation by Personal Automobile

Students participating in off-campus school-sponsored activities, including but not limited to, practices, games, meetings, and competitions, are required to travel on school buses, other District-owned vehicles, or other District-designated methods of transportation. Under special circumstances and with prior school approval, students may be transported by a parent/guardian or other designated adult or by himself/herself. Under no circumstances may students be transported in a vehicle driven by another student or by an adult under 21 years of age.

Transportation to and from an athletic event or activity by a personal automobile of a parent/guardian/designated adult or by students themselves may occur only under the following conditions:

1. **Transportation provided by student's own parent/guardian:** A parent/guardian may transport their own son or daughter to/from a school-sponsored event or activity with permission of the school.

2. **Transportation provided by another parent/designated adult (must be at least 25 years of age):** Before a parent/designated adult is allowed to operate a private passenger vehicle to transport students to/from athletic activities and events, a *Volunteer/Employee Use of Auto Statement for School Activity and Insurance Certification* form must be completed and accepted by the supervising employee and approved by the school principal. The form will identify insurance and vehicle information, further confirming that the driver's insurance coverage will be primary to any insurance coverage available to the District. The form also notes the driver's obligation to maintain a safe vehicle and to operate that vehicle in a safe manner at all times. This form does not require the District to conduct "pull-notices" or other background checks, but it does authorize the district to conduct such reviews if it deems it appropriate to do so. This form should be submitted at least 10 days prior to the student being transported in this manner.

3. **Students transporting themselves:** At the District's discretion, students may be authorized to transport themselves to/from athletic activities and events. Before District authority is granted to the student to drive themselves to/from a District-sponsored athletic event or activity, a *Student Personal Automobile Use Form* must be completed and accepted by the supervising employee and approved by the school principal. The District's permission for the student to drive themselves to/from events and activities may be revoked or limited at any time, for any reason. This form should be submitted at least 10 days prior to the student being transported in this manner.

4. **Alternate Transportation:** In addition to the appropriate form listed above, a *Student Alternate Transportation Form* must also be received and approved by the supervising employee and the school principal at least 48 hours before transportation to/from an athletic event or activity by a personal automobile takes place.



CIF Sac-Joaquin

Section: Eligibility

Guide for Student-Athletes

Message to Student-Athletes

Your school is one of more than 1,400 public, parochial, private, and charter high schools that have agreed to follow the rules and regulations it helped enact through the California Interscholastic Federation.

Your high school years will provide some of the most memorable and enjoyable moments you will ever experience. The privilege of competing in interscholastic athletics is a once-in-a-lifetime experience which will influence you forever, but participation is dependent on your eligibility.

The following eligibility requirements are only a summary of some of the regulations affecting student eligibility. Most requirements are found in the *CIF Constitution and Bylaws*, which can be found in your school administrative office or on the State CIF web site, www.cifstate.org. In addition, **your school/district has the authority to establish more stringent standards and enact codes of athletic conduct** that are in the best interest of individual students, the team and community.

Review the rules with your parents/guardians and ask questions of your principal and athletic director. Your role in following the rules will assure eligibility to participate in interscholastic sports or prevent your participation as an ineligible athlete, which could result in forfeiture of contests for your school.

Summary of the Rules

1. AGE—High school students become ineligible if they reach their 19th birthday before June 15 of the current school year. (*Bylaw 203*)

2. PHYSICAL EXAMINATION—Schools require that a student receive an annual physical examination conducted by a licensed medical doctor certifying that the student is physically fit to participate in athletics. This statement must be on a school board-approved form and be for the current school year. (*Bylaw 308*)

3. SCHOLASTIC ELIGIBILITY—Students must have a 2.0 GPA, on a 4.0 scale in all enrolled classes. Students must have passed at least the equivalent of 20 semester periods of work at the completion of the most recent grading period and currently be enrolled in at least 20 semester periods of work. (*Bylaw 205*)

4. RESIDENTIAL ELIGIBILITY—A student generally has residential eligibility upon initial enrollment in the 9th grade of any CIF member high school. Any student entering from the 8th grade must have achieved a 2.0 GPA on a 4.0 scale in all the enrolled courses at the conclusion of the previous grading period. (*Bylaw 206*)

5. SEMESTERS OF ENROLLMENT—A student may be eligible for athletic competition during a maximum amount of time that is not to exceed eight consecutive semesters following initial enrollment in the 9th grade of any school. (*Bylaw 204*)

6. TRANSFER STUDENTS—A student in grades 9 through 12 who participates in an interscholastic athletic contest or is enrolled in and/or attends a school shall be considered to have been “enrolled” in that school and be classified as a transfer student if the student changes/enrolls in another school. There are several classifications of transfer students. (*Bylaw 207*)

Valid change of residence: When a student and the entire family changes residence, the student may be granted unlimited eligibility allowing him/her to play all sports at any level at the new school. Other rules do apply; consult your administrator.

Transfer without a valid change of residence: A 9th grade student who is transferring for the 2nd time or any 10th, 11th or 12th grade student who transfers without a valid change of residence may or may not be granted “Limited Eligibility.” Students granted “Limited Eligibility” are limited for one year (from the date of transfer) to non-varsity competition in CIF sports they participated in during the previous 12 calendar months but may participate in varsity competition in all other CIF sports. (*Bylaw 207*)

One transfer before 10th grade: A new CIF bylaw allows students to transfer one time without a valid change of residence and retain varsity eligibility. This transfer must occur BEFORE the first day of the student’s third consecutive semester (typically the first day of the 10th grade). Other rules do apply; consult with your school administrator. (*Bylaw 207*)

Students and parents anticipating a change of schools should first seek advice from their high school administration.

7. UNDUE INFLUENCE/RECRUITING—The use of undue influence by any person directly or indirectly associated with a school to secure or encourage the attendance of a student for athletic purposes, shall cause the student to become ineligible for a minimum of one year and subject the school to severe sanctions. Also, students may be prohibited from participation when they participated on a non-school team (i.e., AAU, Club, Travel Ball, Camps) and then transfers to the school that is associated with that non-school team. (*Bylaw 510*)

8. PARTICIPATION ON AN OUTSIDE TEAM—A student on a high school team becomes ineligible if the student competes in a contest on an “outside” team in the same sport during the student’s high school season of sport. The student’s school team may also be forced to forfeit contests. Some CIF Sections may have restrictions that include a prohibition of practice with an “outside” team. Please consult with your school administrator prior to participating with a non-school team. (*Bylaw 600*)

9. PROFESSIONAL TRYOUTS—A student shall become ineligible for CIF competition if he/she participates in a tryout for a professional team in any CIF-approved sport from September 15 to June 15 unless: (1) His/Her principal has given written approval to a request for such participation from a professional team, and (2) The tryout is limited to five students or less.

CAUTION: Compliance with this bylaw does NOT ensure your eligibility with other athletic organizations, i.e., NCAA, NAIA or other governing bodies.

One Transfer before 10th Grade

Who qualifies? Any first time 9th grade student, who has not attended more than two consecutive semesters since first enrolling in the 9th grade, may change schools and maintain varsity eligibility before the first day of the student’s third consecutive semester (typically the first day of 10th grade). All other CIF rules apply.

What may keep me from qualifying? If you transfer to a new school whose coach worked with your club program; or follow a coach from your former school; or transfer to a new school where a booster, parent, friend or staff member encouraged you to attend, you may not be granted transfer eligibility.

How do I request a transfer? First, you must be enrolled in your new school in accordance with its policies. You cannot use false or fraudulent information to get enrolled; if you do, you may be ineligible for up to 24 months.

Once you are enrolled, the school will help you fill out the State CIF Transfer Form and the State CIF Undue Influence Statement to be sent to the Section Office.

When can I transfer? You do not have to finish the year at your school before you transfer. You can transfer any time before the first day of your third semester (typically the first day of 10th grade).

Can I transfer back to my school with eligibility if it doesn’t work out for me at the new school? You are only allowed one transfer - one time prior to the first day of your 3rd consecutive semester (typically the first day of 10th grade). If you transfer back, or transfer to another school, you may have only limited eligibility.

Can I transfer to/from a private school? There is no difference between transferring to a private or public school. So long as it is the first and only transfer prior to the first day of your 3rd consecutive semester (typically the first day of 10th grade), you may be eligible.

If I have questions, who should I contact? You should always talk with an administrator at your current school first. If you need to talk with the new school, you should only talk with the principal. Talking with a coach at the new school may be considered undue influence or recruiting and prevent you from having eligibility.

CIF Philosophy on Student Eligibility for Interscholastic Athletic Competition

The California Interscholastic Federation (CIF), as the governing body of high school athletics, affirms that athletic competition is an important part of the high school experience and that participation in interscholastic athletics is a privilege.

CIF bylaws governing student eligibility are a necessary prerequisite to participation in interscholastic athletics because they:

- A. Keep the focus on athletic participation as a privilege, not a right
- B. Reinforce the principle that students attend school to receive an education first; athletic participation is secondary

- C. Protect the opportunities to participate for students who meet the established standards
- D. Provide a fundamentally fair and equitable framework in which interscholastic athletic competition can take place
- E. Provide uniform standards for all schools to follow in maintaining athletic competition
- F. Serve as a deterrent to students who transfer schools for athletic reasons and to individuals who recruit student-athletes
- G. Serve as a deterrent to students who transfer schools to avoid disciplinary action
- H. Maintain an ethical relationship between high school athletic programs and others who demonstrate an interest in high school athletes
- I. Support the Principles of "Pursuing Victory with Honor."

What Steroids Can Do to You

Over the past decade, anabolic steroid abuse became a national concern. These drugs are used illicitly by weight lifters, body builders, long distance runners, cyclists, and others who claim that these drugs give them a competitive advantage and or improve their physical appearance.

There are many obvious risks and side effects from teen steroid abuse. Several of these side effects include:

- Sterility
- Premature ossification (closing over) of growth plates in long bones (stunted growth)
- Aggressiveness
- Acne
- Connective tissue injury – irreversible
- Masculinization (among women)

Even more scary, there is evidence that teens today are more afraid of not experimenting with and using steroids. It is crucial to understand the reasons if we are to attempt to find a solution. Some of the reasons that teens gave were:

- Not making the sports team
- Not meeting peer pressure and demands
- Not getting "the girls"
- Not being able to compete with others who are using steroids
- Not looking as good as you could

Today's teens have seen many of their athletic role models admit to some form of steroid use at some time in their lives. This may be giving them mixed messages. It may suggest that steroid use is the necessary ingredient to develop a career in sports.

Many of these same teens also feel they are invincible—able to withstand any fear or reservations that may exist about the use of drugs. In addition, they are reluctant to believe any warnings offered by the medical community and the media, who so often have delivered alarmist attitudes towards steroid use.

Parents and coaches can also be found guilty of placing emphasis on young athletes:

- They often push young athletes into sports development programs.
- They glorify youngsters who are willing to risk their bodies and morals in order to win.
- They demand that young athletes aspire to greatness at any cost.

Adults have a great impact (positive or negative) on the actions of teenagers, so it is crucial that parents and educators be aware of the impact of steroids on teenagers. Teenagers also have a great impact on the action of other teens!

If you have a friend who is using steroids, talk to them, they just might listen to you.

There are also socio-cultural factors that play a role in steroid use:

- Locker room talk becomes the place to pass along twisted information from one teen to another, in order to justify drug use.
- Taking risks is essential to the success of great athletes, where in order to be drafted and make millions of dollar, you must take chances (like steroids). These are common perceptions, be they right or wrong—they exist.
- Group dynamics—Where a group of guys will collectively agree to the positive effects of steroids. This dynamic occurs more easily than one's independent judgment. Conforming to peer pressure and pressure from older siblings, older teammates and magazine heroes.

Ultimately, how will we control and compact the rampant use of these drugs? The only viable option is to educate adults and teens.

National Institute on Drug Abuse (NIDA) website:
<http://www.nida.nih.gov>
<http://www.drugabuse.gov/drugs-abuse/steroids-anabolic>

Also recommended:
<http://www.drugabuse.gov>

Parent Guide

Parents can play a key role in helping your child learn the values of winning and losing. Below are some suggested topics you can discuss with your student in these situations.

Value of Winning: Help your student learn the value of winning by:

- Offering congratulations for winning, and identifying and discussing the efforts made by individuals and the team
- Recognizing the improvement and growth of both individuals and the team
- Emphasizing competitiveness and doing one's best

Value of Losing: Help your student learn from losing experiences by:

- Crediting the other team
- Crediting the play of his/her opponent
- Focusing on improvement by individuals and team
- Discussing what was successful
- Discussing what, if anything, individuals or the team could have done differently
- Accepting the loss, setting individual goals, and moving forward

Conduct: The importance of parents behaving as model spectators cannot be overstated. Parents who support the rule of conduct provide a role model for other parents and students alike. Of particular concern are parents who harass officials or make comments in the stands regarding judgment decisions made by the coach. This is counter-productive and tends to destroy the values of good sportsmanship and the game.

Issues of Concern: What are appropriate issues to discuss with the coach? This is often the question many parents have when their students are participating in sports.

Parents are encouraged to discuss:

1. The treatment of their student
2. Ways to help their student improve
3. Concerns about their student's behavior
4. Coaches' philosophy

5. Coaches' expectations for their student and the team
6. Team rules and requirements
7. Sanctions incurred by their student
8. Scheduling
9. College participation

Parents are NOT encouraged to discuss:

1. Placement on teams
2. Playing time
3. Strategies used by the coach during contests
4. Other student athletes

Special Note: It is difficult to accept that your student is not playing as much as you hoped he or she would. Coaches are professionals. They make judgment decisions based on what they believe to be in the best interest of the team. The coach must take into account all members of the team, not just your son or daughter.

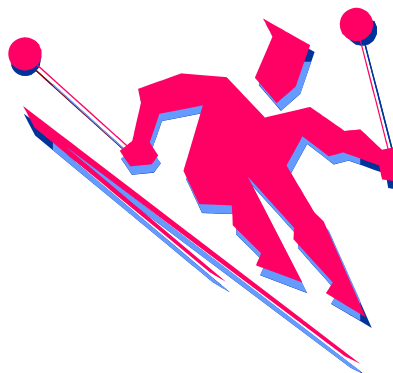
Coach or Program Complaints: It is imperative that parents respect the position of the coach and direct any concerns to the coach first. If you wish to discuss a problem or issue concerning your child, please begin by contacting his/her coach. Often the problem or issue is resolved at this level.

Steps for Resolution

- First, contact the coach
- Second, contact the Athletic Director
- Third, contact the school's Principal

Productive Communication

Please make an appointment to speak with the coach prior to or after game day for productive communication.



Parent-Student Notices

Nondiscrimination, Harassment, Intimidation, Bullying

The El Dorado Union High School District is primarily responsible for compliance with federal and state laws and regulations regarding nondiscrimination, harassment, intimidation, and bullying. The Governing Board is committed to equal opportunity for all individuals in education. District programs and activities shall be free from discrimination, harassment, intimidation, and bullying based on age, ancestry, color, physical or mental disability, national origin, race, religion, sex/gender, sexual harassment, sexual orientation, sexual identity, ethnic group identification, or any other unlawful consideration. The Board promotes programs which ensure that discriminatory practices are eliminated in all District activities.

Any student who engages in discrimination, harassment, intimidation, or bullying of another student or anyone from the District may be subject to disciplinary action up to and including expulsion. Any employee who permits or engages in discrimination, harassment, intimidation, or bullying may be subject to disciplinary action up to and including dismissal.

Any student, staff member, or parent who feels that discrimination, harassment, intimidation, or bullying has occurred should immediately contact the teacher, coach, or principal of the school, or District Title IX and Uniform Complaint Procedure Coordinator. If the concern is not resolved, a formal complaint may be initiated at the school or by directly contacting the District Coordinator. **Copies of the Uniform Complaint Procedure and Form may be obtained from your school office or from the District Title IX and Uniform Complaint Procedure Coordinator.**

Administrative Regulation 5145.3, Nondiscrimination/Harassment/Intimidation/Bullying, should be consulted for more information regarding the reporting/complaint procedure. The regulation can be obtained on the District's website www.eduhsd.net. Click on QuickLink #1 - District Policies. The regulation can also be obtained at the school site or at the District Office.

Sexual Harassment. The District has adopted the following strict policy containing rules and procedures for reporting sexual harassment and pursuing remedies.

"The Governing Board prohibits unlawful sexual harassment of or by anyone in or from the District. Sexual harassment is unwelcome sexual advances, request for sexual favors, or other verbal, visual, or physical conduct of a sexual nature made against another person of the same or opposite gender in the work or educational setting. It should be noted that sexual harassment includes same-sex harassment and harassment based on sexual orientation. Any student who engages in sexual harassment of another student or anyone from the District may be subject to disciplinary action up to and including expulsion. Any employee who permits or engages in sexual harassment may be subject to disciplinary action up to and including dismissal."

Any student, staff member, or parent who feels that harassment has occurred should immediately contact the teacher, principal of the school or District Title IX and Uniform Complaint Procedure Coordinator. If the concern is not resolved, a formal complaint may be initiated at the school or by directly contacting the District Coordinator. **Copies of the Uniform Complaint Procedure and Form may be obtained from your school office or from the District Title IX and Uniform Complaint Procedure Coordinator.**

Administrative Regulation 5145.7: Sexual Harassment, defines in more detail the complaint process and may be obtained from either of the above offices.

Title IX. No person shall, on the basis of gender, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any educational program or activity receiving federal financial assistance. The Title IX Uniform Complaint Procedure Coordinator or the school principal should be contacted regarding complaints related to Title IX.

TO FILE A COMPLAINT

1. **Filing A Complaint.** If the issue is not resolved at the school level, the following process may occur: Obtain a copy of the Uniform Complaint procedure and form (BP/AR/F 1312.3) from the school or district Title IX and Uniform Complaint Procedure Coordinator. Submit the complaint form to the principal or Coordinator.
2. **Filing Time Line.** Unlawful discrimination complaints shall be filed not later than 6 months from the date the alleged discrimination occurred, or 6 month from the date the complainant first obtained knowledge of the facts of the alleged discrimination.

3. **Mediation.** Mediation is optional. It involves a third party to help in resolving the dispute. If mediation is used, time lines are extended an additional 30 days.
4. **Investigation.** The district will investigate the complaint and provide a written report of the investigation and decision within 60 days of when the complaint is filed.
5. **Appeals.** If the person making the complaint disagrees with the district's decision, he/she has 5 days to appeal the decision to the school district Board of Education; or alternatively, 15 days to appeal the decision to the California Department of Education. The appeal to CDE must include a copy of the locally filed complaint and a copy of the LEA Decision.
6. **Additional Action.** The person filing a discrimination complaint may also pursue action in civil court at least 60 days after filing an application with the California Department of Education.

Complaints will be kept confidential.

The district prohibits retaliation against any participant in the complaint process. Each complaint shall be investigated promptly and in a way that respects the privacy of all parties concerned. If you have a complaint, contact a teacher, principal, supervisor, site administrator, or:

El Dorado Union High School District
Title IX & Uniform Complaint Procedure Coordinator

Tony DeVille
Asst. Superintendent, Human Resources
4675 Missouri Flat Road, Placerville, CA 95667
530.622-5081, ext. 7213

Health Notification

MRSA (methicillin-resistant staph aureus) is a type of staph infection that is resistant to many common antibiotics and, in cases where treatment is needed, can be very difficult to treat. Staph bacteria are one of the most common causes of skin infections in the United States. Most of these skin infections are minor (such as pimples and boils) and can be treated without antibiotics, but occasionally serious infections require treatment. In the last few years, there have been a number of cases where these

bacteria have spread among members of sports teams. This section is to make parents and student-athletes aware that MRSA can have serious and deadly ramifications if not dealt with immediately. (Also see www.cifstate.org; click on "Sports Medicine" box at the top of the page.)

Warning Signs

It is common for athletes to have pimples, cuts, and abrasions on their skin. Here are a few warning signs to look for and ask about when deciding whether a wound requires medical attention. **If you have any of these signs or symptoms, seek medical attention immediately.**

- Unusual or increasing pain and/or warmth
- The presence of pus or a pustule
- Induration (hardness)
- Increasing swelling, size, or redness of the wound
- Red streaks around the wound
- Fever and/or chills (flu-like symptoms)

Precautions for Preventing the Spread of MRSA

- Shower with soap as soon as possible after practices and competitions. If MRSA bacteria are present on your skin, you can wash them away before they have a chance to cause infection.
- Don't share towels, razors, soap, or other personal items.
- Cover all wounds to help prevent infection, especially during practice and competition. If a bandage or wrapping falls off, replace it immediately.
- Get every skin wound, no matter how minor, checked out by your coach, athletic trainer, parent/guardian, or team physician.
- Dry out your equipment and padding after each use. Wash your clothes daily.
- Do not store uniforms and equipment in a dark, moist, warm environment. Keep your locker clean and dry.
- Wash your hands often. Frequent hand washing with soap for at least 15 seconds is one of the best ways to prevent MRSA.

Acknowledgment and Consent Form

Our signatures below acknowledge that I/we have read and agree to the **contents of this Athletic Handbook**. Furthermore, I/we understand all rules, including those pertaining to Eligibility, Declaration of Student Athlete, Code of Conduct, and Student Sportsmanship. I hereby grant permission for my son/daughter to participate in the interscholastic activity program.

(PLEASE PRINT)

STUDENT NAME	YEAR OF GRADUATION
SPORT	
STUDENT ATHLETE SIGNATURE X	DATE
PARENT / GUARDIAN SIGNATURE X	DATE

(READ EACH ITEM BELOW AND INITIAL AT THE RIGHT)

I UNDERSTAND AND ACCEPT THAT:	PARENT	STUDENT
1. Use or possession of illegal drugs is not permitted.		
2. Use or possession of alcohol is not permitted.		
3. Use or possession of tobacco is not permitted.		
4. Use or possession of illegal performance enhancing drugs is not permitted.		
5. Athletic eligibility requires a 2.0 grade point average.		
6. Student athletes must have attended the majority of their school day on the day of a contest or practice in order to participate.		
7. I have read the <i>Parent/Concussion/Head Information Sheet</i> and <i>Parent Concussion/Head Injury Symptoms and Signs</i> .		

Please indicate if your student has any disability that needs accommodations to participate: Yes No

IEP: Yes No 504 Accommodation Plan: Yes No

If yes, indicate the nature of the disability:

Has your student played sports for another high school: Yes No

Does your student attend Shenandoah Virtual Academy: Yes No

Agreement for Student Athlete and Parent/Guardian Regarding Use of Steroids

Student Athlete: _____

As a condition of membership in the California Interscholastic Federation (CIF), and in accordance with Education Code 4030, the Governing Board of El Dorado Union High School District has adopted Board Policy 5131.63 prohibiting the use and abuse of androgenic/anabolic steroids. CIF Bylaw 524 requires that all participating student-athletes and their parent/guardian sign this agreement.

By signing below, we agree that the above-named student-athlete shall not use androgenic/anabolic steroids or any dietary supplement banned by the U.S. Anti-doping Agency as well as the substance synephrine, without the written prescription from a licensed health care practitioner to treat a medical condition. (A copy of the prescription and/or Medication in School form 5141.21A-f may be requested for verification.)

As parent/guardian of said student, I recognize that under CIF Bylaw 200.D that said student may be subject to penalties, including ineligibility for any CIF competition, if said student or I, as his/her parent/guardian, provide false or fraudulent information to the CIF or the El Dorado Union High School District.

We, the undersigned further understand that said student's violation of the high school district's policy regarding steroids may result in discipline against said student, including, but not limited to, restriction from athletics, suspension, or expulsion.

Signature of Above-Named Student Athlete

Date

Signature of Parent/Guardian of Above-Named Student Athlete

Date

Release of Liability and Assumption of Risk Agreement

ATHLETICS & CHEER/STUNT

STUDENT NAME	SCHOOL																		
<p>CHECK ALL APPLICABLE ACTIVITIES:</p> <table border="0"> <tr> <td><input type="checkbox"/> Baseball</td> <td><input type="checkbox"/> Lacrosse</td> <td><input type="checkbox"/> Tennis</td> </tr> <tr> <td><input type="checkbox"/> Basketball</td> <td><input type="checkbox"/> Powder Puff</td> <td><input type="checkbox"/> Track</td> </tr> <tr> <td><input type="checkbox"/> Cheer/Stunt</td> <td><input type="checkbox"/> Skiing / Snowboarding</td> <td><input type="checkbox"/> Volleyball</td> </tr> <tr> <td><input type="checkbox"/> Cross-Country</td> <td><input type="checkbox"/> Soccer</td> <td><input type="checkbox"/> Water Polo</td> </tr> <tr> <td><input type="checkbox"/> Football</td> <td><input type="checkbox"/> Softball</td> <td><input type="checkbox"/> Wrestling</td> </tr> <tr> <td><input type="checkbox"/> Golf</td> <td><input type="checkbox"/> Swimming/Diving</td> <td></td> </tr> </table>	<input type="checkbox"/> Baseball	<input type="checkbox"/> Lacrosse	<input type="checkbox"/> Tennis	<input type="checkbox"/> Basketball	<input type="checkbox"/> Powder Puff	<input type="checkbox"/> Track	<input type="checkbox"/> Cheer/Stunt	<input type="checkbox"/> Skiing / Snowboarding	<input type="checkbox"/> Volleyball	<input type="checkbox"/> Cross-Country	<input type="checkbox"/> Soccer	<input type="checkbox"/> Water Polo	<input type="checkbox"/> Football	<input type="checkbox"/> Softball	<input type="checkbox"/> Wrestling	<input type="checkbox"/> Golf	<input type="checkbox"/> Swimming/Diving		<p>LIST ALL OTHER SCHOOL-SPONSORED ACTIVITIES / SCHOOL CLUBS:</p>
<input type="checkbox"/> Baseball	<input type="checkbox"/> Lacrosse	<input type="checkbox"/> Tennis																	
<input type="checkbox"/> Basketball	<input type="checkbox"/> Powder Puff	<input type="checkbox"/> Track																	
<input type="checkbox"/> Cheer/Stunt	<input type="checkbox"/> Skiing / Snowboarding	<input type="checkbox"/> Volleyball																	
<input type="checkbox"/> Cross-Country	<input type="checkbox"/> Soccer	<input type="checkbox"/> Water Polo																	
<input type="checkbox"/> Football	<input type="checkbox"/> Softball	<input type="checkbox"/> Wrestling																	
<input type="checkbox"/> Golf	<input type="checkbox"/> Swimming/Diving																		

This is a Release of Liability and Assumption of Risk Agreement. **Read it carefully and sign below.** Completion of this release is a prerequisite to participation in an inter-scholastic athletic activity or designated school-sponsored activity/school club or (hereinafter collectively referred to as "school-related activity/ies"). This release essentially says that my son/daughter or I, as a student at least 18 years of age, named above (hereinafter "above-named student") will participate in the school-related activities as specified above.

If the above-named student is hurt, injured, or even dies, I/we (i.e., the student, his/her parent/s, guardian/s, heir/s, or student at least 18 years of age, hereinafter referred to as "non-minor student") will not make a claim against or sue the El Dorado Union High School District (hereinafter EDUHSD), its trustees, officers, employees, and agents, or expect them to be responsible or pay for any damages.

I, the undersigned, understand and acknowledge that the above-named student has voluntarily chosen to participate in school-related activities at his/her own risk. I/We know and fully understand that said school-related activities may involve numerous risks, dangers, and hazards, both known and unknown, where serious accidents can occur, and where participants can sustain physical injuries, damage to their property, or even die. Regardless of whether the school-related activity involves physical contact or not, any activity may have inherent risks of injury which are inseparable from the activity. I/We acknowledge and willingly assume all risks and hazards of potential injury, paralysis, and death in the school-related activity/ies, including any transportation to or from any school-related activity/ies. Further, by giving consent for this student to go with a school representative, it is acknowledged that the activity/ies will be considered a "field trip" or "excursion" for which there is complete immunity pursuant to Education Code § 35330.

I/We, the undersigned, understand and acknowledge that school-related activity/ies contain potential risks of harm or injury. Injuries might arise from the student's actions or inactions, the actions or inactions of another student or participant, or the actual or alleged failure by district employees, agents, or volunteers to adequately coach, train, instruct, or supervise. Injuries might also arise from an actual or alleged failure to properly maintain, use, repair, or replace physical facilities or equipment. Injuries might also arise from undiagnosed, improperly diagnosed, untreated, improperly treated, or untimely treated actual or potential injuries, whether or not caused by the student's participation. All such risks are deemed to be inherent to the student's participation in school-related activities.

In consideration for EDUHSD, allowing the above-named student to participate in the school-related activity/ies specified above, I/we voluntarily agree to release, waive, discharge, and hold harmless the EDUHSD and its trustees, officers, employees, and agents from any and all claims of liability arising out of their negligence, or any other act or omission which causes the above-named student illness, injury, death, or damages of any nature in any way connected with the student's participation in the school-related activity/ies. I/We also expressly agree to release and discharge the EDUHSD, its trustees, officers, employees, and agents from any act or omission of negligence in rendering or failing to render any type of emergency or medical services.

As parent or legal guardian of the student/participant under 18 years of age, I have read and voluntarily agree that my son/daughter may participate in the school-related activity/ies designated above and I sign this release on his/her behalf. *In signing this document I fully recognize and understand that if my son/daughter is hurt, dies, or his/her property is damaged, I am giving up my right and the right of his/her heirs to make a claim or file a lawsuit against the EDUHSD, its trustees, officers, employees, and agent*

By signing below, I/we acknowledge that I/we: (1) have read this document and understand that I/we give up substantial actual or potential rights in order to allow the above-named student to participate in the school-related activity/ies and any associated field trip or excursion; (2) have voluntarily signed as evidence of acceptance of this Agreement without any inducement or assurance of any nature, with full appreciation of the all risks inherent in the school-related activity/ies; (3) have no question regarding the scope or intent of this Agreement and I (parent/guardian/non-minor student) have the right and authority to enter into this Agreement and to bind myself, the student, and any other family member, personal representative, assign, heir, trustee, or guardian to the terms of this Agreement. This is a release of all claims.

DATE: _____ **X** _____
Signature of Parent/Legal Guardian or Non-minor Student/Participant*

DATE: _____ **X** _____
Signature of Minor Student/Participant

*A student 18 years of age or older is considered, by law, a non-minor and may sign form in the place of a parent and assumes all of the above -stated risks and liabilities for himself/herself.

Athletic Insurance Information Statement

Per Education Code 32221.5, "Under state law, school districts are required to ensure that all members of school athletic teams have accidental injury insurance that covers medical and hospital expenses. Some pupils may qualify to enroll in no-cost or low-cost local, state, or federally sponsored health insurance programs." Information about these programs may be obtained by calling Covered California Service Center toll-free at 1-800-300-1506.

The school district makes every effort to protect students, but does not assume any liability for injury.

California Education Code Section 32221 requires public schools to make available, for each member of an athletic team, insurance protection for medical and hospital expenses resulting from accidental bodily injuries in one of the following amounts:

- (a) A group or individual medical plan with accidental benefits of at least two hundred dollars (\$200) for each occurrence and major medical coverage of at least ten thousand dollars (\$10,000), with no more than one hundred dollars (\$100) deductible and no less than eighty percent (80%) payable for each occurrence.
- (b) Group or Individual medical plans which are certified by the Insurance Commissioner to be equivalent to the required coverage of at least one thousand, five hundred dollars (\$1,500).
- (c) At least one thousand, five hundred dollars (\$1,500) for all such medical and hospital expenses.

The insurance otherwise required by this section shall not be required for any individual team member or student who has such insurance or a reasonable equivalent of health benefits coverage provided for him in any other way or manner, including, but not limited to, purchase by himself, or by his parent or guardian.

STUDENT NAME	SCHOOL	GRADE
<p>I have or will enroll my child in accident insurance as indicated below in order to meet the requirements of the California law. Check the appropriate response(s):</p> <ul style="list-style-type: none"> <input type="checkbox"/> Tackle Football Insurance (covers tackle football only). <input type="checkbox"/> School Time Insurance (covers sports other than football). <input type="checkbox"/> Full Time (24/7) Insurance (covers sports other than football). <input type="checkbox"/> Student Accident and Sickness Plan (covers sports other than football). <p><u>OR</u></p> <ul style="list-style-type: none"> <input type="checkbox"/> I have health or accident insurance for my daughter or son which meets the requirements of California law and elect not to purchase student insurance. (List company name, policy or group number.) <p>NOTE: If you have questions regarding school insurance, please call Myers-Stevens & Toohey at 1-800-827-4695. Bilingual representatives are available for parents who need assistance in Spanish.</p>		
COMPANY NAME	POLICY OR GROUP NO.	

I will promptly notify the school in the event insurance coverage no longer applies to my son or daughter.

X

SIGNATURE OF PARENT / GUARDIAN

DATE

COACHES RETURN THIS FORM TO ATHLETIC OFFICE AT THE END OF THE SEASON

Student Emergency Card Form

EL DORADO UNION HIGH SCHOOL DISTRICT

STUDENT LAST NAME		FIRST NAME		MIDDLE
DATE OF BIRTH	PLACE OF BIRTH		GRADE LEVEL CURRENT YEAR	
STUDENT HOME ADDRESS			MAILING ADDRESS	
SCHOOL <input type="checkbox"/> EL DORADO HS <input type="checkbox"/> OAK RIDGE HS <input type="checkbox"/> PONDEROSA HS <input type="checkbox"/> UNION MINE HS <input type="checkbox"/> OTHER (specify):				

FATHER/ GUARDIAN	NAME		HOME ADDRESS		HOME PHONE
	EMPLOYER		CELL PHONE		WORK PHONE
	FATHER/GUARDIAN E-MAIL				
MOTHER/ GUARDIAN	NAME		HOME ADDRESS		HOME PHONE
	EMPLOYER		CELL PHONE		WORK PHONE
	MOTHER/GUARDIAN E-MAIL				
BROTHERS/SISTERS					
FAMILY PHYSICIAN					PHONE
PERSON TO CALL WHEN PARENTS ARE NOT AVAILABLE	NAME				PHONE
	NAME				PHONE

- Yes No Allergic Reactions – If yes, type of allergy: _____
 Yes No Asthma – If yes, medication taken, if any: _____
 Yes No Convulsions – If yes, type: _____ Time of day taken: _____
 Yes No Medications taken – If yes, name: _____
 Yes No Diabetes _____
 Yes No Tetanus – Date of last immunization: _____
 Yes No Other information – If yes, specify: _____

DATE OF LAST PHYSICAL	INSURANCE COMPANY	POLICY NUMBER
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AUTHORIZATION OF CONSENT FOR EMERGENCY TREATMENT OF MINOR

I/WE, the parents of _____, a minor, authorize the El Dorado Union High School District to act as my/our agent in my/our absence to obtain through the physician named above such medical or hospital care as is reasonably necessary for the welfare of the student, including necessary transportation if he/she is injured in the course of school athletic or other activities. In the event said physician is not available at the time, I/WE authorize such care and treatment to be performed by a licensed physician or surgeon. I/WE agree to bear all costs incurred as a result of the foregoing.

I/WE hereby agree to hold the school district, its employees, agents, coaches, representatives, and volunteers harmless from any and all liability, actions, causes of action, debts, claims, and demands of every kind and nature which may arise by or in connection with participation by my/our student in any activities related to the interscholastics of his/her school.

PARENT/GUARDIAN SIGNATURE:

DATE:

X _____

FOR OFFICE USE ONLY	Fines Owed / Paid:	Cleared for the following sport(s)/extracurricular activity(ies):
	Fall _____	Fall _____
	Winter _____	Winter _____
	Spring _____	Spring _____

[PLEASE PRINT]

EL DORADO UNION HIGH SCHOOL DISTRICT Sports Participation Health Record

— This form must be completed every academic year —

NAME	AGE	SEX (CIRCLE) <input type="checkbox"/> M <input type="checkbox"/> F	GRADUATION YEAR
ADDRESS	CITY	ZIP	PHONE

- | | | | | | | | |
|-------------------------------------|--|-----------------------------------|--|-----------------------------------|--|-------------------------------------|-------------------------------------|
| <input type="checkbox"/> Baseball | <input type="checkbox"/> Cheerleading | <input type="checkbox"/> Football | <input type="checkbox"/> Lacrosse | <input type="checkbox"/> Soccer | <input type="checkbox"/> Swimming/Diving | <input type="checkbox"/> Track | <input type="checkbox"/> Water Polo |
| <input type="checkbox"/> Basketball | <input type="checkbox"/> Cross-country | <input type="checkbox"/> Golf | <input type="checkbox"/> Skiing/
Snowboarding | <input type="checkbox"/> Softball | <input type="checkbox"/> Tennis | <input type="checkbox"/> Volleyball | <input type="checkbox"/> Wrestling |

	YES	NO			
1.	<input type="checkbox"/>	<input type="checkbox"/>	Last year of tetanus booster :	YEAR	The American Academy of Pediatrics recommends that a tetanus booster be given at age 11–12, if at least 5 years have elapsed since the last dose.
2.	<input type="checkbox"/>	<input type="checkbox"/>	Hepatitis B Series , if yes, how many:	HOW MANY	Be advised that all students entering 7th grade must have completed 3 Hepatitis B immunizations (out-of-state transfer exceptions may apply).
3.	<input type="checkbox"/>	<input type="checkbox"/>	Immunization Exemption , if yes, initial:	INITIAL	California law allows for a personal belief/philosophical exemption from school immunization requirements. If a signed affidavit for exemption is on file at the school, please initial at left.

PART A – HEALTH HISTORY

4.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had an illness or injury that:								
	<input type="checkbox"/>	<input type="checkbox"/>	a. Required you to stay in the hospital, <i>explain</i> :								
	<input type="checkbox"/>	<input type="checkbox"/>	b. Lasted longer than a week, <i>explain</i> :								
	<input type="checkbox"/>	<input type="checkbox"/>	c. Is related to allergies, e.g., hay fever, hives, bee sting, <i>explain</i> :								
	<input type="checkbox"/>	<input type="checkbox"/>	d. Required an operation, <i>explain</i> :								
	<input type="checkbox"/>	<input type="checkbox"/>	e. Is chronic, e.g., asthma, diabetes, <i>explain</i> :								
5.	<input type="checkbox"/>	<input type="checkbox"/>	Do you take medications or pills, specify:								
6.	<input type="checkbox"/>	<input type="checkbox"/>	Have any members of your family under age 50 had a heart attack or died unexpectedly, <i>explain</i> :								
7.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever been:								
	<input type="checkbox"/>	<input type="checkbox"/>	a. Dizzy or passed out during or after exercise, <i>explain</i> :								
	<input type="checkbox"/>	<input type="checkbox"/>	b. Unconscious or had a concussion, <i>explain</i> :								
8.	<input type="checkbox"/>	<input type="checkbox"/>	Does running the 1/2-mile give you difficulty, <i>explain</i> :								
9.	<input type="checkbox"/>	<input type="checkbox"/>	Do you wear glasses or contacts, <i>explain</i> :								
10.	<input type="checkbox"/>	<input type="checkbox"/>	Do you have dental bridges, plates, or braces, <i>explain</i> :								
11.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had a heart murmur, high blood pressure, or a heart abnormality, <i>explain</i> :								
12.	<input type="checkbox"/>	<input type="checkbox"/>	Do you have any allergies to medicines, <i>explain</i> :								
13.	<input type="checkbox"/>	<input type="checkbox"/>	Are you missing a kidney, lung, eye, or testicle, <i>explain</i> :								
14.	<input type="checkbox"/>	<input type="checkbox"/>	Have you ever had severe arm or neck pain, <i>explain</i> :								
15.	<input type="checkbox"/>	<input type="checkbox"/>	Have you sprained, strained, dislocated, or broken any of the following:								
	<input type="checkbox"/>	<input type="checkbox"/>	Ankle	<input type="checkbox"/>	Elbow	<input type="checkbox"/>	Hip	<input type="checkbox"/>	Neck	<input type="checkbox"/>	Other, <i>explain</i> :
	<input type="checkbox"/>	<input type="checkbox"/>	Back	<input type="checkbox"/>	Foot	<input type="checkbox"/>	Humerus	<input type="checkbox"/>	Pelvis		
	<input type="checkbox"/>	<input type="checkbox"/>	Chest/Ribs	<input type="checkbox"/>	Forearm	<input type="checkbox"/>	Knee	<input type="checkbox"/>	Shoulder		
	<input type="checkbox"/>	<input type="checkbox"/>	Collarbone	<input type="checkbox"/>	Hand	<input type="checkbox"/>	Leg	<input type="checkbox"/>	Wrist		

I, hereby, state the answers on page 1 of this form are correct to the best of my knowledge.

X _____

Signature of Student Athlete

Date

I agree with the health history and give my permission for an examination.

X _____

Signature of Parent / Guardian

Date

PART B – PHYSICAL EXAMINATION RECORD (TO BE COMPLETED BY A LICENSED MEDICAL DOCTOR)

Height (inches) _____ Blood Pressure _____ / _____ Vision – Right _____

Weight (pounds) _____ Pulse _____ Vision – Left _____

CORE EXAMINATION	NORMAL	ABNORMAL FINDINGS	INITIALS
a. Eyes			
b. Ears, Nose, Throat			
c. Mouth, Teeth			
d. Neck			
e. Cardiovascular			
f. Chest, Lungs			
g. Abdomen			
h. Skin			
i. Genitalia, Hernia			

ORTHOPEDIC EXAMINATION	NORMAL	ABNORMAL FINDINGS	INITIALS
a. Neck			
b. Spine			
c. Shoulders			
d. Arms, Elbows			
e. Forearms, Wrists, Hands			
f. Hips			
g. Knees, Legs			
h. Ankles, Feet			
i. Flexibility			
j. Neuromuscular			

Abnormalities found in the health history and/or physical examination that needs assessment:

RECOMMENDATIONS: Approved for full participation Needs to have the above abnormalities cleared before participation.

Disqualified or limited in the following sports:

X _____ Date: _____

Licensed Medical Doctor's Signature

Licensed Medical Doctor's Printed Name

Licensed Medical Doctor's Address

EL DORADO UNION HIGH SCHOOL DISTRICT
Parent Concussion/Head Injury Information Sheet

STUDENT	GRADE	ACADEMIC YEAR
DOB	SCHOOL	
ADDRESS		
HOME TELEPHONE	CELL PHONE	

Pursuant to Education Code Section 49475, before a student may try out, practice, or compete in any District-sponsored extracurricular athletic program, including interscholastic, intramural, or other sport or recreation programs, including cheer/dance teams and band, but excluding physical education courses for credit, the student and parent/legal guardian must review and execute this Parent Concussion/Head Injury Information Sheet. Once signed, the Sheet is good for one academic year (fall through spring) and is applicable to all athletic programs in which the Student may participate.

**IMPORTANT INFORMATION REGARDING
CONCUSSIONS/HEAD INJURIES**

What can happen if your child keeps on playing with a concussion/head injury or returns too soon

Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to play with the signs and symptoms of a concussion leaves the young athlete especially vulnerable to greater injury. There is an increased risk of significant damage from a concussion for a period of time after that concussion occurs, particularly if the athlete suffers another concussion before completely recovering from the first one. This can lead to prolonged recovery, or even to severe brain swelling (second impact syndrome) with devastating and even fatal consequences. It is well known that adolescent or teenage athletes will often under-report symptoms of injuries—and concussions are no different. As a result, education of administrators, coaches, parents, and students is the key to the student-athlete safety.

If you think your child has suffered a concussion/head injury, please read the following California Education Code 49475 requirements:

(1) An athlete who is suspected of sustaining a concussion or head injury in an athletic activity shall be immediately removed from the athletic activity for the remainder of the day, and shall not be permitted to return to the athletic activity until he or she receives written clearance to return to the athletic activity from a licensed health care provider. If the licensed health care provider determines that the athlete sustained a concussion or head injury, the athlete shall also complete a graduated return-to-play protocol or no less than seven (7) days in duration under the supervision of a licensed health care provider.

(2) On a yearly basis, a concussion or head injury information sheet shall be signed and returned by the athlete and the athlete's parent or guardian before the athlete initiates practice or competition.

You should also inform your child's coach if you think your child may have a concussion. Remember, it's better to miss one game than miss the whole season. And, when in doubt, the athlete sits out. Close observation of the athlete should continue for several hours.

As used in this section, "licensed health care provider" means a licensed health care provider who is trained in the management of concussions and is acting within the scope of his or her practice.

This section does not apply to an athlete engaging in an athletic activity during the regular school day or as part of a physical education course required pursuant to subdivision (d) of Section 51220.

For up-to-date information on concussions, go to:

<http://www.cdc.gov/ConcussionInYouthSports/>

Dated

Student-athlete (print name)

X

Signature

Dated

Parent/Legal Guardian (print name)

X

Signature

Parent Concussion/Head Injury Symptoms & Signs

A concussion is a brain injury, and all brain injuries are serious. They are caused by a bump, blow, or jolt to the head, or by a blow to another part of the body with the force transmitted to the head. They can range from mild to severe and can disrupt the way the brain normally works. Even though most concussions are mild, **all concussions/head injuries are potentially serious and may result in complications, including prolonged brain damage and death if not recognized and managed properly.** In other words, even a "ding" or a bump on the head can be serious. You can't see a concussion, and most concussions in sports occur without loss of consciousness. Signs and symptoms of concussion or head trauma may show up right after the injury or can take hours or days to fully appear. If your child reports any symptoms of concussion or head injury, or if you notice the symptoms or signs of concussion or head injury yourself, seek medical attention right away.

Symptoms

may include one or more of the following

- Headaches
- "Pressure" in head
- Nausea or vomiting
- Neck pain
- Balance problems or dizziness
- Blurred, double, or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish or slowed down
- Feeling "foggy" or groggy
- Drowsiness
- Change in sleep patterns
- Amnesia
- "Don't feel right"
- Fatigue or low energy
- Sadness
- Nervousness or anxiety
- Irritability
- More emotional
- Confusion
- Concentration or memory problems (forgetting game plays)
- Repeating the same question/comment

Signs Observed

by teammates, parents, and coaches include

- Appears dazed
- Vacant facial expression
- Confused about assignment
- Forgets plays
- Is unsure of game, score, or opponent
- Moves clumsily or displays lack of coordination ("incoordination")
- Answers questions slowly
- Slurred speech
- Shows behavior or personality changes
- Can't recall events prior to hit
- Can't recall events after hit
- Seizures or convulsions
- Any change in typical behavior or personality
- Loses consciousness

EL DORADO UNION HIGH SCHOOL DISTRICT
Voluntary Athletic Contribution Form

The El Dorado Union High School District believes that activities are important for our young people. We appreciate the support and assistance that parents and the community provide with their voluntary athletic contributions. With your support, we are able to continue to provide quality athletic opportunities for our student-athletes. No student shall be required to raise or otherwise provide any amount of money to participate in an activity sponsored by a school-related organization, nor required to pay for any uniforms or equipment that are necessary to participate in athletic events or activities.

INSTRUCTIONS: Please complete and return this Voluntary Athletic Contribution Form to the school site athletic director or site athletic secretary. A separate form should be submitted for each individual athlete for each sport they will be participating in.

PLEASE PRINT LEGIBLY

STUDENT NAME	DATE OF BIRTH	
SCHOOL	GRADE	
PARENT NAME	HOME PHONE	CELL PHONE
MAILING ADDRESS		
SPORT		

- I wish to make a voluntary contribution of \$95.00 (payable to EDUHSD).
- I wish to contribute \$ _____ with funds from my student's Scrip account.
- I wish to contribute \$ _____ from a current El Dorado Union High School District sibling account.

Please transfer my contribution from the following sibling account:

Name of sibling: _____

- I do not wish to make a contribution at this time.

NOTE: If you would like to set up a new Scrip account, or if you would like to learn more about the Scrip Program and its use for future athletic and other qualifying school donations, please refer to the summary of the Scrip Program and the Scrip Program Account Set-Up Application on the following pages.

I certify, by signing below, that all of the information above is true and correct.

Signed _____

Parent / Guardian

Date _____

(COMPLETED BY DISTRICT)

Receipt for Tax Purposes

The following Voluntary Athletic Contribution was received by El Dorado Union High School District, as described above:

NAME OF DONATOR:			
AMOUNT OF DONATION:	\$ _____	DATE OF DONATION:	_____
TYPE OF DONATION:	<input type="checkbox"/> Cash <input type="checkbox"/> Check, #: _____ <input type="checkbox"/> Scrip, Account Balance: \$ _____		

DISTRICT VERIFICATION:

--	--	--

Signature

Print Name

Date

El Dorado Union High School District Scrip Program



It's **FREE** to join!
Do you grocery shop? Dine out?
Shop on-line?

There is **no cost** to you to join the scrip program and it can pay for many of your student's high school expenses!

What is Scrip?

Scrip is a fund-raising program. Parents, family, and friends can earn Scrip credits from participating merchants they normally shop with. The Scrip credits they earn can benefit their student(s) or the approved programs their student(s) are involved in. Participating merchants track our supporter's purchases and donate a percentage of these purchases to the District's schools. The Scrip credits earned under the District's Scrip program are posted to individual student accounts or program accounts. Participating grocery stores are: BelAir, ForkLift, Nugget Market, Raley's, Safeway, and SaveMart. There are internet merchants that you can earn Scrip credits from, such as: Amazon, Eastbay, QVC, AppleiStore, JCPenney, HomeDepot.com, and hundreds more. Local restaurants participating are: Jimboy's Tacos and Mountain Mike's Pizza, plus many more in the Folsom/Sacramento area. For more information, see Scrip Program at www.eduhsd.net or contact the District Scrip coordinator Kelly Parker at extension 7234 at 530-622-5081 or 916-933-5165.

Scrip credits earned in a student's account can be used towards the following:

- **Voluntary Sports Donation of \$95.00.**
- **ASB items:** ASB stickers, school field trips, Homecoming tickets & Prom tickets.
- **Academic Programs:** AVID, Academic Boosters (EDHS), Academic Decathlon (PHS), speech team (EDHS) and classroom/lab material donations (Non-ROP only).
- **AP Test Fees and PSAT Test Fees.**
- **Plus,** you can now pay for your student's Senior Week activities.
- **Extracurricular Programs:** athletics, band, cheerleading, Crafty Cougars art program, ORHS dance team, drama, Future Farmers of America (PHS), Youth & Government (ORHS), Key Club (PHS/ORHS), Robotics team, and vocal programs. (Program advisors determine how Scrip will be used for these programs.)
- **Yearbook:** Note—Special order yearbooks ordered directly from Jostens or any other outside merchants **do not** qualify for this program.

(Please Note: The purchase of school portraits, dance portraits, Student Store items, school logo clothing & accessories, cap & gowns for graduation and *Sober Grad Night* tickets **do not** qualify for the Scrip program.)

Scrip Program Account Setup Form (see attached)

Every person who would like their Scrip purchases tracked by participating merchants **must complete** the Scrip Program Account Setup Form and have it on file at the El Dorado Union High School District Office. The information on this form is used to post the earned Scrip credits to the student and/or program of your choice. If this form is not on file at the District Office, the Scrip credits will be posted to the general athletic Scrip account for high school site the credits were earned under. The Scrip Program Account Setup form can be found following this page. Upon receipt of the Scrip Program Account Set-up Form, the District Scrip coordinator will send via the U.S. mail a **Scrip Instructions** sheet explaining the final steps needed to complete your Scrip registration process. You must complete these steps to be fully registered for the program.

Examples of Scrip Credit

Tiered Payment Plan for: ForkLift / Nugget Market / Safeway / eScrip

You can earn: 1% on qualifying monthly purchases up to \$300
 2% on qualifying monthly purchases totaling \$301 through \$500
 3% on qualifying monthly purchases totaling \$501 through \$600
 4% on qualifying monthly purchases more than \$600

Here is how it works:

Based on a monthly purchase at the above stores totaling \$650			
You Spend	\$650 Purchase	Donation %	Donation Amount
Up to \$300	\$300	1%	\$ 3.00
\$301 – \$500	\$200	2%	\$ 4.00
\$501 – \$600	\$100	3%	\$ 3.00
More than \$601	\$50	4%	\$ 2.00
Total Earnings*			\$12.00

*Total scrip earnings would be \$12 for ForkLift/Nugget Market customers. Total scrip earnings would be \$12 minus 15% service charge, or \$10.20, for Safeway/eScrip customers. Safeway pays on Cash/Check and Debit sales only. Credit card purchases are not tracked.

Savemart / FoodMaxx / Lucky

Savemart/FoodMaxx/Lucky is committed to donate \$4.5 million this year to their Scrip program. They are paying every quarter and base their payments on the \$4.5 million proposed donation.

Savemart: Up to 3%** of total qualifying monthly purchase.

If you spend \$650 monthly at their stores, your earnings would be approximately \$19.50.

**Currently paying approximately 3.00% of total qualifying purchases.

Raley's / BelAir Something Extra Program

Raley's and BelAir will pay a flat 1.5% on total qualifying purchases. If you spend \$650 monthly at their stores, your earnings would be approximately \$9.75.

New to Scrip Program?

Yes No

Have you participated in a Scrip Program for another school or district?

Yes No

Scrip Program Account Setup

EL DORADO UNION HIGH SCHOOL DISTRICT

Attention: Kelly Parker, Scrip Coordinator
 4675 Missouri Flat Road, Placerville, CA 95667
 (530) 622-5081 ext. 7234
kparker@eduhsd.net

Existing Supporter?

Yes No

Are you making changes to your account or requesting additional Scrip cards?

Yes No

Family Information

DATE:	E-MAIL:	
PARENT/GUARDIAN NAME:	HOME PHONE:	WORK PHONE:
MAILING ADDRESS:	CITY / STATE / ZIP:	

Student Information

NAME OF STUDENT	CURRENT GRADE (*1)	Office Use	SCHOOL
1)			
2)			
3)			
4)			

List the student(s) currently attending high school AND student(s) currently attending middle and/or elementary schools.

(*1) If today's date is **before June 30th**, enter the current grade the student finished in May. If today's date is **after June 30th**, enter the grade the student will be entering in August.

Authorized EDUHSD Scrip Programs & Merchants

El Dorado High School District Authorized Scrip Programs (Check <u>one</u> box only)		Participating Grocery Store Programs Check the box(es) for the grocery scrip programs you would like to participate in. Cards will be mailed to your home.																													
<table border="1"> <thead> <tr> <th>Program</th> <th>School Sites</th> </tr> </thead> <tbody> <tr><td><input type="checkbox"/> Academic Boosters Program</td><td>EHS</td></tr> <tr><td><input type="checkbox"/> Academic Decathlon</td><td>PHS</td></tr> <tr><td><input type="checkbox"/> Art Program (Crafty Cougars)</td><td>EHS</td></tr> <tr><td><input type="checkbox"/> Associated Student Body</td><td>All Sites</td></tr> <tr><td><input type="checkbox"/> Athletic Program**</td><td>All Sites</td></tr> <tr><td><input type="checkbox"/> AVID</td><td>UMHS</td></tr> <tr><td><input type="checkbox"/> Cheerleading</td><td>All Sites</td></tr> <tr><td><input type="checkbox"/> Drama</td><td>All Sites</td></tr> <tr><td><input type="checkbox"/> Key Club</td><td>ORHS/PHS</td></tr> <tr><td><input type="checkbox"/> Music Program</td><td>All Sites</td></tr> <tr><td><input type="checkbox"/> Robotics Team</td><td>All Sites</td></tr> <tr><td><input type="checkbox"/> Speech Team</td><td>EHS</td></tr> <tr><td><input type="checkbox"/> Yearbook</td><td>All Sites</td></tr> </tbody> </table>	Program	School Sites	<input type="checkbox"/> Academic Boosters Program	EHS	<input type="checkbox"/> Academic Decathlon	PHS	<input type="checkbox"/> Art Program (Crafty Cougars)	EHS	<input type="checkbox"/> Associated Student Body	All Sites	<input type="checkbox"/> Athletic Program**	All Sites	<input type="checkbox"/> AVID	UMHS	<input type="checkbox"/> Cheerleading	All Sites	<input type="checkbox"/> Drama	All Sites	<input type="checkbox"/> Key Club	ORHS/PHS	<input type="checkbox"/> Music Program	All Sites	<input type="checkbox"/> Robotics Team	All Sites	<input type="checkbox"/> Speech Team	EHS	<input type="checkbox"/> Yearbook	All Sites	<input type="checkbox"/> Raley's / BelAir <input type="checkbox"/> eScrip & eScrip on-line mail (Safeway/Vons)	<input type="checkbox"/> Savemart / FoodMaxx <input type="checkbox"/> ForkLift/Nugget Market	<p align="center">< IMPORTANT ></p> <p align="center">Current Safeway Club Card holders will use their existing card numbers when signing up for the Safeway Scrip Program.</p> <p align="center">If you <u>do not have</u> a Safeway Club Card, you can obtain one from your local Safeway store.</p> <p>NOTE: Scrip credits earned in the school Athletic Programs** (all sports) is used for the voluntary sports donation <u>only</u>. Scrip credits can be used to purchase the basic Yearbook ordered from the school only. Scrip credits earned in all other listed school programs are used at the discretion of the program advisors.</p> <p>Special Instructions:</p>
Program	School Sites																														
<input type="checkbox"/> Academic Boosters Program	EHS																														
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FOR OFFICE USE ONLY:	Date Received:	Date Posted:	Date Cards Mailed:
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